

Reopening: Phase III

The Lexington Assisted Living acted early in March 2020 to respond to the COVID-19 coronavirus. We instituted infection control guidelines provided by the Center for Disease Control (CDC), Centers for Medicare & Medicaid Services (CMS) and the Department of Health & Human Services (DHHS) through the Lincoln-Lancaster County Health Department (LLCHD). Additionally, Nebraska representatives from National Ebola Training & Education Center (NETEC) reviewed infection control protocols in May to ensure all protocols were being used effectively. NETEC provides the tools to educate healthcare workers and share preparedness best practices. The Lexington follows the DHHS- and CMS-recommended reopening phases:

- *Phase I – Mitigation and highest level of vigilance*
- *Phase II – Initial relaxing of restrictions*
- *Phase III – Implement reopening operations with limited visitation*

Cleaning and Disinfection

The Lexington uses EPA-registered products that are effective for COVID-19 disinfection. No-contact hand sanitizers are located throughout the community and pump dispensers have been added in high-use areas. High-use surfaces are disinfected frequently and/or after each use. New Resident possessions are disinfected before they are moved into the apartment. Each apartment is deep cleaned and disinfected between Residents.

Screening Before Entry

Everyone who enters The Lexington must pass a screening each time they enter the facility: completing a COVID-19 Questionnaire and documenting temperature and oxygen levels. Staff monitor the screening station to ensure everyone cleans the area after each use.

Mandatory Precautions

Everyone at all times must practice these mandatory infection control precautions: wearing a facemask, socially distancing and frequent hand hygiene. Access may be denied to a visitor that does not pass or refuses the screening and/or is symptomatic.

Daily Resident Screening

Residents are screened for a temperature and are observed for other symptoms of COVID-19.

When Quarantine Is Necessary

Residents will spend time in quarantine following any trip outside the facility, including medically-necessary appointments. A quarantine is required for new Residents moving in, Residents who are experiencing COVID-like symptoms and those that have a positive COVID test result.



Visitation

Under limited and controlled conditions, Residents will be allowed to have visitors. All visitors will get screened upon entry based on CDC guidelines. Everyone must complete the **Mandatory Precautions** mentioned on the reverse. The Lexington may add additional visitor restrictions as needed.

Appointment Required. The Lexington will coordinate visits by appointment based on available designated areas that will allow proper infection control and social distancing.

- The typical visitation times are 9a, 10a, 11a, 2p, 3p Monday – Sunday, and are subject to change.
- Length of visit is 45 minutes to allow disinfection between visits.
- Up to two people can visit with the Resident. Visitors must be 17 or older.
- Residents may have up to one visit per week. Residents in quarantine cannot have visitors.
- Visits are no-contact to allow social distancing.
- Visitation will be limited to designated areas to allow social distancing and proper disinfection between use.

Tours

Tours will be allowed by appointment for up to two people. Tours must be led by a Lexington employee.

Dining

Communal dining in the Resident Dining Room will continue for the lunch meal. Breakfast will be phased in. Residents on the same floor will dine on a scheduled day.

Moves

Moves in and out of The Lexington will continue to be allowed with a documented negative COVID-19 test result and a 14-day quarantine after moving in. Movers will be allowed to enter and follow Mandatory Precautions. Movers are restricted to the loading area and the direct path to the apartment via the north elevator. Movers must be limited to two people. Family and/or friends helping the new Resident unpack and organize the apartment will be limited to two people.

General Store

The Store will have a delayed re-opening with more information to be announced at a later date.

Note About This Document:

This document is subject to change based on needs of The Lexington, Residents, staff and visitors. Please check our Website at www.TheLexington.com for updates to this document.

7/17/2020

